



Guidelines for Community Service

Volunteer & Make the World a Better Place!

1. Volunteering is your opportunity to give back to your community, and help to make a positive impact on the lives of others. Volunteer activities are also important in demonstrating to colleges that you are a mature, well-rounded, involved, and caring citizen.
2. The hours served must be for the benefit of the community and not for the benefit of a profit making business.
3. You may not count your membership in a religious organization, such as a youth group or choir as community service. If you perform community service with such a group, the hours do count. Performing religious duties does not count, but helping with office work or maintenance at a religious institution counts.
4. Membership in Scouts or Explorers does not count towards community service hours. If you perform volunteer work as part of your scouting activities, you may count them.
5. Volunteering to work on a political campaign or to register voters counts as community service.
6. If you participate in an after-school or weekend service project at West Adams Preparatory High School, it counts as Community Service as long as it is not a class or a club assignment for a grade. Working in the cafeteria or an office, or tutoring at lunch or after school counts (if it is during class time it does not count). Helping a teacher with his/her duties during school time, such as grading papers, does not count.
7. Contributing blood during a blood drive counts as (2) hours.
8. Babysitting is not a community service. Day care is usually a business, not a non-profit organization, unless it is HEAD START of LAUSD Childcare Center, or other non-profit organizations, and you are not being paid.
9. Volunteering at any hospital or free clinic counts, but volunteering at a private doctors office does not.

You may volunteer your time and service at any non-profit organization. The following are a few websites containing suggestions of volunteer opportunities:

Volunteer Opportunities

www.laworks.com

www.habitat.org/local

Volunteers of America (Volunteer Los Angeles): www.vcla.net

California Hospital Medical Center: http://www.chmcla.org/Who_We_Are/Serving_the_Community/181642

Volunteer Hours Verification Form

Please Print All Information

Student Name _____	D.O.B. _____	Grade _____
Counselor _____		Organization / Type of Service _____

Verified Hours Completed: _____		Dates of Service _____
Verified By (Name) _____		Contact Phone # _____